

Weekly Discussion Guide – 5-7-2023

“Growing Up” Ephesians 4:11-5:2

1. In this week’s passage, Ephesians talks about growing up in Christ, putting off the old self (4:22) and putting on the new self (4:24). Can you identify anything of your old self you’ve “put off”? Can you identify anything you’ve “put on”?
2. Read Ephesians 4:11-5:2. What does this section of the letter tell us our goal is?
3. Identify negative and positive behaviors listed in this section.
4. Given what’s been written in the first three chapters of Ephesians, how are these instructions of how we are to behave different from just another set of rules like in the Old Testament?
5. How does Ephesians 5:2 describe Jesus’ kind of love?
6. Did this week’s message stir up anything you want to explore more?
7. Is there an area where Ephesians 4:11-5:2 convicts you? Is there something you want to work on putting off or putting on as you continue to grow in Christ?