

## Weekly Discussion Guide – 1-8-2023

1. Did you grow up learning any particular forms of prayer? If so, where did you learn them? What forms of prayer did you learn?
2. On a scale of 0 to 10, how much is prayer a part of your life right now?
3. On a scale of 0 to 10, how complicated do you think prayer is?
4. Read Matthew 6:5-8. What “dos” and “don’ts” does Jesus give us for prayer in this passage? Now, read Luke 18:9-14. What “dos” and “don’ts” does Jesus give us for prayer in this passage?
5. Does this challenge or instruct you in any specific ways regarding your current prayer life?
6. Think about the people in your life with whom you have the best relationships and to whom you feel most connected. How would you describe the way you communicate with them?
7. What can you try this week to connect with God more regularly through prayer?