

## Weekly Discussion Guide – 1-15-2023

1. Is there anything that has made you say or feel “Wow!” lately?
2. Do you experience a change in mood or mindset when something makes you say, “Wow,” giving you a sense of wonder and awe?
3. What percentage of the times you pray would you estimate include praise and adoration, declaring to God the goodness of who He is or what He’s done?
4. Read Psalm 103 as a prayer to God, listening to what it says and affirming these things about Him. Does anything stick out to you or impact you in particular?
5. Do you relate to viewing God as so big He is impersonal or so familiar He loses His awesomeness?
6. Does the idea of making praise a regular part of our prayers challenge or instruct you in any specific ways regarding your current prayer life?
7. As you continue to make prayer a regular part of your routine to connect with God this week, practice beginning with praise and adoration. If you need help, use Psalm 103, maybe even selecting a few verses each day to begin your prayers.