

Weekly Discussion Guide – 1-28-2024

“Change Your Mind”
Romans 12:1-2

1. How is it with your mind? Which of these words would you use to describe your mind today?

Quiet	Noisy	Repetitive	
Clear	Anxious	Distracted	Absent

2. Read Isaiah 26:3, Proverbs 23:7, Romans 8:5-9, and Romans 12:1-2.
3. In what way(s) are you convicted, inspired, puzzled, challenged, invited, or encouraged by these verses?
4. Is there one of these verses you would like to try to memorize this week?
5. In what ways have you been tempted to conform to the patterns of this world (Rom 12:2)?
6. To borrow language from Michael Hyatt, what limiting beliefs have been driving your thinking lately?
7. What liberating truths can you think of to overcome those limiting beliefs?