

## Weekly Discussion Guide – 02-01-26

“Trust the Rabbi”

Text: Luke 8:22-25

1. When you hear the phrase ‘storm in life,’ what’s the first image or word that comes to mind?
2. Read Luke 8:22–25 again. What stands out to you? What is significant about Jesus saying “Where is your faith?” instead of “Why don’t you have faith?”
3. When you’re in a storm of life, what/who do you tend to trust apart from Jesus?
4. Why is trusting the Rabbi an important part of following the Rabbi?
5. How do you usually respond when prayers go unanswered (i.e. striving harder, withdrawing, anger, numbing, lamenting)?
6. What might it look like, practically, to say: “Jesus, I trust You—even if this prayer is never answered the way I want”?
7. Do you have a practice of examen (reflecting on your day with God) or fasting/abstinence? How do you think fasting and examen deepen our trust/faith in God?
8. As you reflect on this sermon, where do you sense Jesus gently asking you—not in anger, but in love—“Where is your faith?”