

Weekly Discussion Guide – 2-22-2026

The Way of the Cross, Week 1: “The Cost of Saying No”

Text: Luke 4:1-13

1. What are some things you have had to say “no” to in order to say “yes” to following Jesus? If you haven’t fully said yes to Jesus, have you ever said no to something you wanted badly in order to do what you felt was right?
2. **Read Luke 4:1-13.** What grabs your attention most about this scene and why?
3. The sermon categorized the three temptations of Jesus as *appetite*, *ambition*, and *affirmation*. Are there different words or phrases you can think of to describe them?
4. Considering *appetite*, *ambition*, and *affirmation* or the words/phrases you came up with, how do you relate to being tempted in these ways Jesus was?
5. In your own words, what is the truth we learn from each of the scriptures Jesus uses to combat the devil’s temptations?
6. What things are hardest for you to say “no” to and why?
7. **Read 1 Corinthians 10:13 and Hebrews 4:15.** What encouragement do these verses give you as you seek to resist temptation and follow Jesus?
8. Are you giving up anything for Lent? Adding anything like a spiritual practice? Are you willing to share, or would you rather keep it between you and the Lord? If you haven’t decided yet, are you willing to pray about doing so?
9. Are there any particular ways your fellow disciples can be praying for you this Lenten season?