# Weekly Discussion Guide – 11-1-2026

*Changed by Grace, Part 5*: "Living Sacrifice"

Sermon Text: Romans 12:1-5
Weekly Reading: Romans 12 | Next Week: chapters 13-14

0. Before your group meets, read Romans 12 aloud in one sitting. Note the words, phrases, or ideas that stick out to you the most and why.

1. Describe a time when you committed to something that required ongoing effort—a relationship, a fitness goal, a new habit, or responsibility. What made it difficult to follow through after the initial excitement wore off?

2. Share what stuck out to you from question 0.

3. In Romans 12:1-2, Paul ties "not being conformed to the patterns of this world" with having a "renewed mind." What are some ways your faith has radically changed your thinking for you to live differently than "the patterns of this world"?

4. Read Romans 1:18-32. How is this downward spiral a result of wrong thinking? What thoughts are the biggest culprits behind all this?

5. Romans 12 is one of two passages in which Paul paints a picture of a body with members or parts. How does this image help you understand what it means to be the church?

6. The world is constantly pulling the church and its members into disunity. Can you think of some ways you've seen this happen?

7. Read Isaiah 1:10-20. The Old and New Testaments reveal that God does not have a personality disorder. Even when God commanded religious sacrifices, His primary goal was *living* sacrifices. What does it mean to be a "living sacrifice"?

8. Complete this sentence: "One area of my life I need to bring back to the altar is _____." You may share as much or as little as you feel comfortable sharing. What would it look like to surrender that area to Jesus in a practical way this week? How can the group pray for or encourage you?